



ANITA DOHERTY NACAC OPEN CHAMPIONSHIPS 2022

Freeport, Grand Bahama, The Bahamas

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AUGUST 19-21

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Cable Bahamas Group is proud to serve as a major sponsor for this year's N.A.C.A.C.

We extend our congratulations to all of the athletes on their participation in this incredible event and send **our special regards to our Director of Speed and Connection Mrs. Shaunae Miller-Uibo!**

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MESSAGE BY



The Honourable Philip Edward Davis, QC, MP
Prime Minister and Minister of Finance

It is with great pleasure that I extend a warm welcome to our visiting athletes, officials and supporters, to the Commonwealth of The Bahamas – “the home of athletics for the region.”

I have no doubt that this fourth North American, Central American and Caribbean (NACAC) Senior Track and Field Championships, being held in our nation’s beautiful second city, Freeport, Grand Bahama, will feature inspirational moments and outstanding athleticism.

The people of The Bahamas will once again have the opportunity to see the region’s best, inclusive of top Bahamian athletes, perform on a grand stage. The Government of The Bahamas continues to provide direct support to many of our athletes, and we are encouraged by their development and impressive international results - most recently at the World Athletics Championships in Eugene, Oregon, and the Commonwealth Games, held in Birmingham, United Kingdom.

The next three days of competition will provide the more than four hundred (400) athletes, coaches and track and field enthusiasts with opportunities for fellowship with their regional counterparts. We may be each other’s biggest rivals – but we’re also each other’s biggest fans.

Once again, welcome to our side of paradise. May you continue to defy the limits and the odds as you break barriers and set new records.

***I wish you all the very best as you compete over the next few days.
Let the games commence!***



MESSAGE BY

Michael 'Mike' Sands, President
NACAC Athletic Association

On behalf of the entire family of the North American, Central American and Caribbean (NACAC) Area, I welcome you to the 4th edition of our Open Championships.

I am all the more emotionally motivated in delivering this welcome, because these our Area Championships 2022, has as its title, the name of Anita Doherty, a former Vice President of the Grand Bahama AAA and Vice President of the BAAA, a Hall of Famer at both the national and Grand Bahama levels. This is a most deserving tribute to a gentle, elegant queen of our sport.

NACAC is indebted to the BAAA, the visionary Grand Bahama AAA and the government of The Bahamas, for the initiative that has brought to this historic point and event as this nation celebrates its 49th anniversary of Independence.

The presence of 28 of our 31 member federations speaks to the growth, commitment and harmony of our NACAC member federations as we strive to sustain our global dominance in the world's leading sport for individuals. These Championships are decidedly athlete-centered and the world awaits the exciting three days of intense, but friendly rivalry for which our Area's athletes are renowned. My heartfelt thanks to all participating delegations, friends, members of the international and regional media and, of course, our Bahamian family.

We are in the home of world and Olympic Champions in Track and Field Athletics; in an environment where sports tourism is one of our most important assets and amongst a people whose warmth and welcoming traditions have distinguished us in global society.

This is the first time that Grand Bahama is hosting such an important track and field Championships. The winners of the majority of the events will be automatic qualifiers for next year's World Athletics' Outdoor Championships. This is therefore, just the beginning. It is an opening for Grand Bahama to join with New Providence in bidding to host international track and field competitions at the world and Area levels.

We are delighted that we are all an integral part of Bahamian, sporting and athletics history this weekend.

MESSAGE BY



The Honourable Mario K. Bowleg, MP
The Minister of Youth, Sports and Culture



I am delighted to have the opportunity to welcome the North American, Central American and Caribbean (NACAC) members, inclusive of executives, athletes, coaches, officials and track and field enthusiasts to the beautiful shores of the Commonwealth of The Bahamas.

The region's best athletes will be performing at world-class levels, in pursuit of gold, in a newly renovated facility – the Grand Bahama Sporting Complex. It will be the first time, for many visiting and competing in the fourth edition of the senior championships, in Grand Bahama. The people of the Commonwealth of The Bahamas intend to make a lasting impression, and welcome your return.

As you know, The Commonwealth of The Bahamas is the home of NACAC, led by a former Olympian and Bahamian national standout President Mike Sands. I congratulate Mr. Sands, in advance, on a well executed event and extend best wishes to the local governing body for the sport, the Bahamas Association of the Athletics Associations (BAAA), for all future endeavors.

A special thank you is also extended to The Government of The Bahamas, the Ministry of Tourism, Investments and Aviation, the Local Organizing Committee and all other organizations who would have played a role in the execution of the meet. This unified effort shows the world just how committed our country is towards the growth and development of sports and our athletes. It is also one of the many steps, taken through our Sports In Paradise brand, to showcase our ability to host world class events.

The next three days will be very exciting and filled with fierce competition. I look forward to seeing new meet and personal best records set, and friendships kindled.

To our many visitors, I hope you get an opportunity to take in the sights and sounds of our rich, diverse culture, experience true authentic Bahamian hospitality, all while diving into some scrumptious native cuisines.

***Once again welcome to The Commonwealth of The Bahamas,
your new home away from home.***



REMARKS BY

Drumeco D. L. Archer, President
Bahamas Association of Athletic Associations

“Out of many, we are One”, is the famous adage of the North American, Central American, and Caribbean (NACAC) Area Association, one of six Area Association in World Athletics. This oneness in spirit is manifested our fervent pledge to grow athletics throughout this very gifted region. It is on this occasion, the 4th edition of the NACAC Open Championships, that will form a part of a life’s memory, not only of the people of Grand Bahama, but also the people of the entire Commonwealth of The Bahamas.

This is a particularly special moment for the Freeport High School/Bishop Michael Eldon, Pilot Club, Sister Sister, DeGregory and Doherty family and so many more civic organizations, as homage is paid to Anita Doherty, posthumously, for her extensive body of works in sports and education. For these reasons and more, NACAC has approved the naming of the 4th edition of these Championships as **‘The Anita Doherty NACAC Open Championships.’**

These Anita Doherty NACAC Open Championships are emblematic of an even greater cause, which is the manifestation of The Bahamas as a Sporting Paradise for the world. Indeed, Grand Bahama has made history as this is the first time this event is being held in the Bahamas. Our Federation could think of no better location that Freeport to host the prestigious Area Championships. Small wonder then that we have attracted the largest number of participants in the brief history of the event.

With a clear resolve to grow our sport through a sustainable athlete development plan, we are equally excited about the prospects of establishing high performance centers as well as host more track and field competitions here in The Commonwealth of The Bahamas. These Anita Doherty Open Championships are simply the beginning of greater things to come to Grand Bahama and to our country at large.

What is even more important for the people of The Bahamas is that you, dear participants, feel at home in our sunny isles and live as if you were in Paradise...because you are.

It would be remiss of me if I didn't express my deepest gratitude to the Government of The Bahamas through the Ministry of Youth Sports and Culture, The Ministry of Grand Bahama, and The Ministry of Tourism, for believing and sharing the ambitions of our Federation. More importantly, I wish to thank the entire Grand Bahamian Athletics Community whose self-determination under the leadership of our Co-Chairman/woman, Pharez Cooper and Chevonnia McBride, along with our Deputy Managing Director, Norris Bain, together with the supporting staff in Grand Bahama who are responsible for much of the heavy lifting. To the Directors, Deputy Directors, the National Sports Authority staff, volunteers, technical officials and fans. This event belongs to you!

I am equally grateful to the NACAC family under the direction of iconic President, Mike Sands, who has been so well supported by General Secretary, Keith Joseph and Grafton Ifill, who too, has provided immeasurable direction over the planning of this event.

Lastly, I wish to welcome the athletes, team officials, World Athletic Family, NACAC Council, Government Officials and the media, for joining us at track side as well as along the beautiful beaches of Grand Bahama.

Enjoy a taste of Sports in Paradise.



MESSAGE BY

The Honourable Ginger Moxey, MP
The Minister for Grand Bahama

It is my esteem pleasure to congratulate the NACAC on hosting its 4th NACAC Open Championships and to welcome the executives, athletes, coaches and officials to the beautiful island of Grand Bahama!

As the Minister for Grand Bahama, I would like to express my gratitude to NACAC for selecting The Bahamas, more specifically Grand Bahama Island, as this year's host destination and for renaming your signature event in honour of one of our Bahamian icons, the late Anita L. Doherty.

It is only fitting that we honour the memory of Anita L. Doherty by recognizing her invaluable contribution to athletics in The Bahamas in this manner. She was a beacon of light to numerous Bahamians and her legacy will forever live on in the hearts of the thousands of people she inspired and positively impacted.

With the return of the Davis/Cooper Administration's "Sports in Paradise" Initiative, The Bahamas is once again in the spotlight, as the world watches athletes from the Caribbean, North & Central America compete for gold in track and field events.

On behalf of the people of Grand Bahama, I wish NACAC continued growth and success in all its future endeavors.

God bless you!

NACAC HISTORY

The North American, Central American and Caribbean Athletic Association (NACAC) is the continental confederation governing body of athletics for national governing bodies and multi-national federations within North America, Central America, and the Caribbean. NACAC is one of six area associations of World Athletics (WA), previously named the International Association of Athletics Federations (IAAF). NACAC was founded on 10 December 1988, in San Juan, Puerto Rico.

The NACAC is composed by 31 Members Federations: Anguilla, Antigua and Barbuda, Aruba, Bahamas, Barbados, Belize, Bermuda, British Virgin Island, Canada, Cayman Islands, Commonwealth of Dominica, Costa Rica, Cuba, Dominican Republic, El Salvador, Grenada, Guatemala, Haiti, Honduras, Jamaica, Mexico, Montserrat, Nicaragua, Puerto Rico, Saint Kitts and Nevis, Saint Lucia, Saint Vincent and Grenadines, Trinidad and Tobago, Turks and Caicos Island, United States of America, US Virgin Islands, and four (4) Associate Members: Curacao, Guadeloupe, Martinique and Saint Maarten.

Amadeo Francis (PUR) was elected as the first president of NACAC. He was re-elected in 1999 and 2003. In 2007, Neville “Teddy” McCook (JAM) was elected president and was re-elected in 2011. After McCook died on 11 February 2013, Alain Jean-Pierre (HAI), treasurer of NACAC and president of the Central American and Caribbean Athletic Confederation (CACAC), acted as interim president. On 7 August 2013, Víctor López (PUR), former President of CACAC, was elected president, a position he held until 2019. On 2 July 2019, Mike Sands (BAH) was elected the current serving president.

The highest authority in NACAC is the Biennial Congress, which is held in association with an official NACAC Championships. The NACAC Council, is comprised of the elected officers at the Elective Congress, held every four years, and all World Athletics Council members from the Area.

An important milestone was attained in September 1997, when the NACAC Strategic Planning Session approved the Association’s Vision Statement. Throughout its history, NACAC has held numerous such Special Sessions and Congresses, at which many important decisions, necessitated by global and Area developments in the sport and its governance, have required amendments to the Constitution. The current Constitution was approved by the NACAC Congress, held in Helsinki, Finland, August 2005. Amendments have since been made at Congresses held in San Juan, Puerto Rico, in July 2007, Osaka, Japan, in August 2007, and in Moscow, Russia, in August 2013.

In the absence of a permanent headquarters, the NACAC Secretariat has always been located in the host country of its president. Over the years, therefore, the headquarters have been located Puerto Rico, Jamaica and now, The Bahamas.

NACAC once operated a Regional Development Centre at the University of Puerto Rico in Carlina and a High Performance Training Centres in Jamaica and Cuba. Changes in the policies of World Athletics have led to a cessation of these institutions. Currently, however, NACAC operates a strong Development Programme which is conducted in tandem with the Development Department of World Athletics. Discussions are also ongoing with the University of the West Indies in respect of the development and implementation of the growing education programmes of World Athletics, emanating from the recently approved World Plan.

Over the years of its establishment, NACAC has created and convened the following Events:

- NACAC Senior Championships
- NACAC U18 & U23 Championships
- NACAC Combined Events
- NACAC Age Group (U13 & U15) Championships
- NACAC Cross Country Championships
- NACAC Race Walking Championships
- NACAC Mountain Running Championships

The Carifta Games has been in existence since 1971. The name was derived by the initial membership, following the establishment of the political and economic Caribbean Free Trade Area (CARIFTA). Two years later the regional governments transitioned into the Caribbean Community and Common Market (CARICOM), established by the Treaty of Chaguaramas, to replace CRIFTA effective 1 August 1973.

In 2003, NACAC brought the annual CARIFTA Games, under its ambit and has since retained it, using the same conditions of engagement as the other Championships.

NACAC has also, over the years, come to recognize sub-groupings within its midst. These are CADICA and the OECS Athletics Congress (OAC).

CADICA, is a grouping of member federations of Central America but includes Panama, a founding member, and excludes Mexico.

The OAC was established in 1990 and has responsibility for the development of athletics in the political subregion of the Organisation of Eastern Caribbean States (OECS).

NACAC has often joined forces with CONSUDATLE, the Area Association for South American member federations. The two organisations have collaborated to convene Championships for the Americas, starting with the Biennial Pan American Junior Championships. Over the past several years the collaboration had been extended to competitions which neither, organizing alone, could generate meaningful participation. This includes, Combined Events and Race Walking Championships.

Over the years NACAC has established Commissions, Committees and Working Groups to assist in the facilitation of its stated Vision and Mission. The current institutions exist:

Commissions
Competitions
Development
Governance
Medical and Anti-Doping

Working Groups
Coaches
Gender Leadership
Para Athletes
Sports Journalists

NACAC OPEN CHAMPIONSHIPS

The Biennial NACAC Open Championships is the Area's marquee event. At a Special Workshop held in San Juan, Puerto Rico, in 2004, the membership approved the introduction of its Biennial Championships. This was the last of the six Area Associations of World Athletics to do so. The inaugural edition of the NACAC Open Championships was held in San Salvador, El Salvador, in 2007. There were 26 member federations in attendance with a total of 275 athletes. The United States of America dominated the first edition with a total of 43 medals, 28 of them being gold. Mexico (20) and Trinidad and Tobago (11), took second and third places respectively.

The second edition of the Championships was held in San Jose, Costa Rica, in 2015 (31 countries and 369 athletes) while the third edition took place in Toronto, Canada (29 countries and 319 athletes).

Freeport, Grand Bahama, in the Commonwealth of The Bahamas, is the proud host of the 4th edition of the NACAC Open Championships, during the period, 19 – 21 August 2022.

A portrait of Anita Doherty, a woman with short grey hair, wearing a white sleeveless top and a black necklace with large, dark, teardrop-shaped beads. She is smiling and looking slightly to the right. The background is a blurred outdoor setting with green foliage.

ANITA DOHERTY
NACAC
OPEN CHAMPIONSHIPS
2022
Freeport, Grand Bahama, The Bahamas

IN LOVING MEMORY OF A
SPORTS LEGEND
ANITA DOHERTY

JANUARY 25TH, 1949-MARCH 27TH, 2022

MRS. ANITA DOHERTY

Mrs. Anita Doherty was born January 25th, 1949, in New Providence but relocated to West End Grand Bahama at the age of (5) five. She received her primary education at West End All Age School and received her secondary education at Hampton's Girls' School in Jamaica, from 1960 until 1967, she then entered Ulster College of Physical Education in Northern Ireland.

Anita Doherty's love for sports was ignited at Hampton Girls' School and eventually she represented Jamaica in Hockey. Her multitalented capabilities and diverse talents resulted in her securing the Jamaican under 16 and under 18 Girls Tennis Championship Titles. She also represented Ulster College (Ireland) in both the Under 21 Netball Tournament, and Track and Field. During the Commonwealth Games in Edinborough, Scotland in 1970, Anita Doherty represented the Bahamas in the Pentathlon scoring an impressive 3,801 points ranking her 14th overall.

Anita played Netball locally during the mid to late 70's. However, she was a member of The Bahamas national Netball team that attended the 3rd World Netball Tournament which was held in Kingston Jamaica December 1970 – January 1971. Anita although living in Freeport would journey to Nassau on weekends to train with the team in preparation for that tournament. Amazingly she started the tournament playing as a defensive player, but was later switched to offense, as she was more beneficial to the team as a shooter.

Anita was the first Bahamian president of the Bahamas Netball Association around the mid 1970's and it was during her tenor as president that The Bahamas hosted a very successful Caribbean Netball Tournament which was held in New Providence in August of 1977. In 1979, Anita was a member of The Bahamas team that attended the 5th World Netball tournament, which was held in Port of Spain, Trinidad. During her time teaching in New Providence, she was instrumental in getting Netball in the local schools, both Government and Private.

Anita was a very good hockey player and a fierce competitor. During her time teaching in New Providence, which was around the mid to late 70's, Anita played hockey winning numerous local tournaments and awards. Similar accolades are part of her Tennis story, playing both singles and mixed doubles and winning several tournaments from the mid 70's to early 80's. Similarly she had a love and passion for softball and made it her mission to master each skill, this led to her playing on several championship sides year after year.

The passion for sports and her unwavering commitment for decades was recognized when Anita was inducted into the Grand Bahama Sports Hall of Fame in 2005 and The Bahamas Hall of Fame in 2011. Mrs. Doherty has been involved in community activities as Director - YMCA Keep Fit, President - Bahamas Netball Association, Secretary - Grand Bahama Softball Association, Treasurer - Inter Scholastic Sports. She was also part of the organizing committee of the 1977 Carifta Games, was President of Grand Bahama Tennis & Squash Club, President of the Grand Bahama Athletic Association, and Vice President of the Bahamas Association of Athletic Associations.

NACAC COUNCIL MEMBERS

President: Mr. Mike Sands (BAH)
Vice-President: Ms. Catherine Jordan (BAR)
General Secretary: Mr. Keith Joseph (VIN)
Treasurer: Mr. Glenville Jeffers (SKN)

MEMBERS AT LARGE

Mr. Howard Cornelius (ANT)
Ms. Evelyn Farrell (ARU)
Mr. Calixto Sierra (HON)
Ms. Cydonie Mothersill (CAY)

EXOFICIO

Lord Sebastian Coe (GBR) - WA President
Ms. Abby Hoffman (CAN) - WA Council Member
Mr. Alberto Juantorena (CUB) - WA Vice-President
Mr. Willie Banks (USA) - WA Council Member

THANK YOU PARTNERS AND SPONSORS



NACAC MEMBER FEDERATIONS

| | | | |
|--|--|--|---|
|  1 | AIA Anguilla |  19 | HAI Haiti |
|  2 | ANT Antigua & Barbuda |  20 | HON Honduras |
|  3 | ARU Aruba |  21 | ISV US Virgin Islands |
|  4 | BAH Bahamas (<i>Host Country</i>) |  22 | IVB British Virgin Islands |
|  5 | BAR Barbados |  23 | JAM Jamaica |
|  6 | BER Bermuda |  24 | LCA Saint Lucia |
|  7 | BIZ Belize |  25 | MEX Mexico |
|  8 | CAN Canada |  26 | MNT Montserrat |
|  9 | CAY Cayman Islands |  27 | NCA Nicaragua |
|  10 | CRC Costa Rica |  28 | PUR Puerto Rico |
|  11 | CUB Cuba |  29 | SKN St. Kitts & Nevis |
|  12 | DMA Dominica |  30 | TKS Turks & Caicos |
|  13 | DOM Dominican Republic |  31 | TTO Trinidad & Tobago |
|  14 | ESA El Salvador |  32 | USA United States of America |
|  15 | GRN Grenada |  33 | VIN St. Vincent and the Grenadines |
|  16 | GUA Guatemala |  34 | CUW Curacao |
|  17 | GLP Guadeloupe |  35 | SXM St. Maarten |
|  18 | MTQ Martinique | | |

LOCAL ORGANIZING COMMITTEE

Executive Committee

Ms. Chevonnia McBride – Co-Chairman
Mr. Pharez Cooper – Co-Chairman
Mr. Mike Sands – NACAC President & World Athletics Council Member
Mr. Keith Joseph – NACAC General Secretary
Mrs. Cora Colebrooke – Permanent Secretary, Ministry of Youth, Sports & Culture
Mr. Drumeco Archer – President, Bahamas Association of Athletic Associations
Mr. Grafton Ifill Jr. – Consultant, Ministry of Finance/Government Liaison
Mr. Norris Bain – Deputy Director of Sports, Ministry of Youth, Sports & Culture, Northern Region
Mrs. Mabelene Miller – CEO, Bahamas Association of Athletic Associations CEO
Mr. Timothy Munnings – Director of Sports
Ms. Kelsie Johnson – Incoming Director of Sports

International Delegates

Mr. Keith Joseph – Organizational Delegate
Mr. Michael Serralto – Technical Delegate

Directors/Managers and Coordinators

Mr. David Charlton – Competition Director
Mr. Maceo Wood – Deputy Competition Director
Mr. Nickito Johnson – Technical Director
Mr. Rogest Charlton – Meet Manger
Mrs. Laura Pratt-Charlton – Event Presentation Manager
Mr. Ravanno Ferguson – Facilities and Stadium Director
Mr. Charles Robinson – Stadium Venue Deputy Director
Mr. Ricardo Lightbourn – Marketing and Communications Director
Mr. Emmitt Higgins – Logistics Coordinator
Mrs. Sophia Higgs – Director of Volunteers
Mrs. Claretta Hall – Volunteer Assistant Director
Ms. Dionne Britton – Team Accommodations/Guest Services and VIP Services Director
Mrs. Shonette Rolle – Team Accommodations/Guest Services and VIP Services Assistant
Dr. Cecil Thompson – Transportation Director
Mrs. Mabelene Miller – Accreditation Director
Ms. Davina Rutherford – Ceremonies and Awards Presentation Director/ Corporate Service Director
Ms. Sandra Laing – Awards Presentation Assistant
Mr. Kermit Taylor – Media Services
Mr. Courtney Wallace – Officials
Ms. Sharon Williams – Medical
Dr. Adrian Lorde and Petra Haven – Anti-Doping
Ms. Nikita Thompson – NACAC Secretariat
Ms. Marcia Hinsey – LOC Administrative Assistant



ANITA DOHERTY
NACAC
 OPEN CHAMPIONSHIPS
2022
 Freeport, Grand Bahama, The Bahamas

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TRACK & FIELD

SCHEDULE OF EVENTS

FRIDAY, AUG. 19, 2022

SESSION 1 FREE ADMISSION

TRACK EVENTS

- 9:00 AM Men's 100m Qualification
- 9:30 AM Women's 400m Semi-Finals
- 10:00 AM Men's 400m Semi-Finals

FIELD EVENTS

- 9:30 AM Men's Long Jump Qualification

SESSION 2 TICKETED SESSION

TRACK EVENTS

- 4:30 PM Women's 400m Hurdles Semi-Finals
- 5:00 PM Men's 400m Hurdles Semi-Finals
- 5:30 PM Women's 3000 Steeplechase Final
- 6:00 PM OPENING CEREMONY**
- 7:20 PM Women's 100m Hurdles Semi-Finals
- 7:40 PM Men's 110m Hurdles Semi-Finals
- 8:00 PM Women's 200m Semi-Finals
- 8:20 PM Men's 200m Semi-Finals
- 8:30PM **AWARD CEREMONY**
Hammer Throw - Triple Jump - High Jump
- 8:45 PM Women's 5000m Final
- 9:05 PM Men's 10000m Final
- 9:10PM **AWARD CEREMONY**
3000 Steeplechase - Shot Put - Discus Throw

FIELD EVENTS

- 3:00 PM Women's Hammer Throw Final
- 4:30 PM Men's Triple Jump Final
- 5:00 PM Women's High Jump Final
- 6:00 PM Men's Shot-Put Final
- 7:00 PM Women's Discus Throw Final



THIS SCHEDULE IS SUBJECT TO CHANGE



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TRACK & FIELD

SCHEDULE OF EVENTS

SATURDAY, AUG. 20, 2022

SESSION 3 FREE ADMISSION

TRACK EVENTS

6:30 AM | Women & Men's 20,000m Race-walk Final

SESSION 4 TICKETED SESSION

TRACK EVENTS

| | | | |
|----------------|--|----------------|--|
| 4:15 PM | AWARD CEREMONY 20,000m Race-walk | 6:25 PM | Men's 400m Final |
| 4:30 PM | Women's 100m Semi-Finals | 6:35 PM | AWARD CEREMONY 110m Hurdles - 400m |
| 4:50 PM | Men's 100m Semi-Finals | 6:45 PM | Men's 5,000m Final |
| 5:10 PM | Women's 800m Final | 7:15 PM | Women's 10,000m Final |
| 5:20 PM | Men's 800m Final | 8:00 PM | Women's 100m Final |
| 5:30 PM | AWARD CEREMONY Hammer Throw | 8:10 PM | Men's 100m Final |
| 5:40 PM | Women's 100m Hurdles Final | 8:20 PM | 4x400m Mixed Relay Final |
| 5:55 PM | Men's 110m Hurdles Final | 8:30 PM | AWARD CEREMONY High Jump - Pole Vault - Long Jump Javelin Throw- 5,000m - 10,000m 100m |
| 6:00 PM | AWARD CEREMONY 800m - 100m Hurdles | | |
| 6:15 PM | Women's 400m Final | | |

FIELD EVENTS

| | |
|----------------|---------------------------|
| 3:00 PM | Men's Hammer Throw Final |
| 4:30 PM | Men's High Jump Final |
| 5:00 PM | Women's Pole Vault Final |
| 6:00 PM | Men's Javelin Throw Final |
| 7:00 PM | Women's Long Jump Final |



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TRACK & FIELD

SCHEDULE OF EVENTS

SUNDAY, AUG. 21, 2022

SESSION 5 TICKETED SESSION

TRACK EVENTS

- 3:20 PM Women's 400m Hurdles **Final**
- 3:35 PM Men's 400m Hurdles **Final**
- 3:50 PM Women's 200m **Final**
- 4:00 PM Men's 200m **Final**
- 4:05 PM AWARD CEREMONY**
400m Hurdles, 200m
- 4:25 PM Women's 1500m **Final**
- 4:35 PM Men's 1500m **Final**
- 4:45 PM Men's 3000m Steeplechase **Final**
- 5:00 PM AWARD CEREMONY**
1500m - 3000m Steeplechase - Discus Throw
Long Jump
- 5:20 PM Women's 4x400m **Final**
- 5:30 PM Men's 4x400m **Final**
- 5:40 PM AWARD CEREMONY**
4x400m Relay - Shot-Put
- 5:55 PM Women's 4x100m **Final**
- 6:05 PM Men's 4x100m **Final**
- 6:15 PM AWARD CEREMONY**
4x100m - Pole Vault- Javelin Throw - Triple Jump
- 7:00 PM CLOSING CEREMONY**

FIELD EVENTS

- 3:00 PM Men's Discus Throw **Final**
- 3:00 PM Men's Long Jump **Final**
- 3:00 PM Men's Pole Vault **Final**
- 5:00 PM Women's Shot-Put **Final**
- 5:00 PM Women's Javelin Throw **Final**
- 5:20 PM Women's Triple Jump **Final**



THIS SCHEDULE IS SUBJECT TO CHANGE

NORTH AMERICA, CENTRAL AMERICA AND CARIBBEAN ATHLETIC ASSOCIATION
SENIOR CHAMPIONSHIPS - RECORDS



| MEN | | | | | | |
|---------------|---|------------------|---------|-------------|-------------------|--|
| EVENT | MARK | NAME | COUNTRY | DATE | PLACE | |
| 100 | 10.03 (0.4) | Tyquendo TRACEY | JAM | 11-Aug-2018 | Toronto, CAN | |
| 200 | 20.11 (1.7) | Kyle GREAU | TTO | 12-Aug-2018 | Toronto, CAN | |
| 400 | 44.64 | Lalonde GORDON | TTO | 7-Aug-2015 | San Jose, CRC | |
| 800 | 1.45.79 | Ryan MARTIN | USA | 9-Aug-2015 | San Jose, CRC | |
| 1500 | 3.45.08 | Andrew WHEATING | USA | 9-Aug-2015 | San Jose, CRC | |
| 5000 | 13.57.53 | Lopez LOMONG | USA | 8-Aug-2015 | San Jose, CRC | |
| 10000 | 29.38.31 | Julio PEREZ | MEX | 14-Jul-2007 | San Salvador, ESA | |
| 110mh | 13.23 (1.5) | Mikel THOMAS | TTO | 8-Aug-2015 | San Jose, CRC | |
| 400mh | 48.18 | Kyron McMASTER | IVB | 12-Aug-2018 | Toronto, CAN | |
| 3000 Steeple | 8.28.55 | Andy BAYER | USA | 12-Aug-2018 | Toronto, CAN | |
| High Jump | 2.28 | Jeron ROBINSON | USA | 11-Aug-2018 | Toronto, CAN | |
| | 2.28 | Michael MASON | CAN | 11-Aug-2018 | Toronto, CAN | |
| | 2.28 | Donald THOMAS | BAH | 11-Aug-2018 | Toronto, CAN | |
| | 2.28 | Django LOVETT | CAN | 11-Aug-2018 | Toronto, CAN | |
| Pole Vault | 5.45 | Scott HOUSTON | USA | 12-Aug-2018 | Toronto, CAN | |
| Long Jump | 8.29 (-0.4) | Marquis DENDY | USA | 12-Aug-2018 | Toronto, CAN | |
| Triple Jump | 16.98 (1.4) | Yordany DURAÑONA | DMA | 7-Aug-2015 | San Jose, CRC | |
| Shot Put | 21.68 | Darrell HILL | USA | 10-Aug-2018 | Toronto, CAN | |
| Discus Throw | 68.47 | Fedrick DACRES | JAM | 12-Aug-2018 | Toronto, CAN | |
| Hammer Throw | 72.94 | Roberto SAWYERS | CRC | 11-Aug-2018 | Toronto, CAN | |
| Javelin Throw | 79.65 | Anderson PETERS | GRN | 11-Aug-2018 | Toronto, CAN | |
| Decathlon | 6330 | Darvin COLON | HON | 14-Jul-2007 | San Jose, CRC | |
| | <i>(11.23(2.7), 6.41(1.5), 12.46, 1.81, 52.91, 15.23(1.7), 41.18, 3.20, 45.40, 5.20.03)</i> | | | | | |
| 4x100 | 38.07 | Jamaica | JAM | 9-Aug-2015 | San Jose, CRC | |
| | <i>(Mario Forsythe, Jason Livermore, Oshane Bailey, Sheldon Mitchell)</i> | | | | | |
| 4x400 | 3.00.07 | United States | USA | 9-Aug-2015 | San Jose, CRC | |
| | <i>(Clayton Parros, Calvin Smith, Marcus Chambers, James Harris)</i> | | | | | |
| 20000 Walk | 1h 28.29.00 | Walter SANDOVAL | ESA | 15-Jul-2007 | San Salvador, ESA | |
| 20kms Walk | 1h 25.39 | Evan DUNFEE | CAN | 10-Aug-2018 | Toronto, CAN | |

NORTH AMERICA, CENTRAL AMERICA AND CARIBBEAN ATHLETIC ASSOCIATION
SENIOR CHAMPIONSHIPS - RECORDS



WOMEN

| EVENT | MARK | NAME | COUNTRY | DATE | PLACE |
|---|---------------------|---------------------------|---------|--------------------|---------------------|
| 100 | 10.96 (0.9) | Jenna PRANDINI | USA | 11-Aug-2018 | Toronto, CAN |
| 200 | 22.50 (1.3) | Kyra JEFFERSON | USA | 9-Aug-2015 | San Jose, CRC |
| 400 | 50.82 | Courtney OKOLO | USA | 7-Aug-2015 | San Jose, CRC |
| 800 | 1.57.52 | Ajee WILSON | USA | 11-Aug-2018 | Toronto, CAN |
| 1500 | 4.06.23 | Kate GRACE | USA | 12-Aug-2018 | Toronto, CAN |
| 5000 | 15.26.19 | Rachel SCHNEIDER | USA | 10-Aug-2018 | Toronto, CAN |
| 10000 | 33.27.19 | Marielle HALL | USA | 11-Aug-2018 | Toronto, CAN |
| 100mh | 12.55 (0.9) | Kendra HARRISON | USA | 11-Aug-2018 | Toronto, CAN |
| 400mh | 53.32 | Shamier LITTLE | USA | 12-Aug-2018 | Toronto, CAN |
| 3000 Steeple | 9.45.36 | Mel LAWRENCE | USA | 10-Aug-2018 | Toronto, CAN |
| High Jump | 1.91 | Levern SPENCER | LCA | 9-Aug-2015 | San Jose, CRC |
| Pole Vault | 4.75 | Katie NAGEOTTE | USA | 11-Aug-2018 | Toronto, CAN |
| Long Jump | 6.93 (2.0) | Quanesha BURKS | USA | 9-Aug-2015 | San Jose, CRC |
| Triple Jump | 14.25 (-0.9) | Shanieka RICKETTS | JAM | 12-Aug-2018 | Toronto, CAN |
| Shot Put | 18.62 | Jillian CAMARENA-WILLIAMS | USA | 8-Aug-2015 | San Jose, CRC |
| Discus Throw | 61.97 | Yaime PEREZ | CUB | 10-Aug-2018 | Toronto, CAN |
| Hammer Throw | 74.60 | Deanna PRICE | USA | 10-Aug-2018 | Toronto, CAN |
| Javelin Throw | 60.34 | Kara WINGER | USA | 7-Aug-2015 | San Jose, CRC |
| Heptathlon | 5022 | Maria Gabriela CARRILLO | ESA | 15-Jul-2007 | San Salvador, ESA |
| <i>(14.90(1.2), 1.71, 9.82, 27.06(0.5) / 5.66(-2.2), 37.86, 2.29.29)</i> | | | | | |
| 4x100 | 42.24 | United States | USA | 9-Aug-2015 | San Jose, CRC |
| <i>(Barbara Pierre, Lakeisha Lawson, Dezerea Bryant, Kyra Jefferson)</i> | | | | | |
| 4x400 | 3.25.39 | United States | USA | 9-Aug-2015 | San Jose, CRC |
| <i>(Kala Funderburk, Charonda Williams, Tiffany Williams, Courtney Okolo)</i> | | | | | |
| 10000 Walk | 44.16.21 | Cristina LOPEZ | ESA | 15-Jul-2007 | San Salvador, ESA |
| 20kms Walk | 1h 36.34 | Maria MICHTA-COFF | USA | 10-Aug-2018 | Toronto, CAN |

HISTORY

| | | |
|---------------------------------------|---------------------|-----------------------------|
| I NACAC Senior Championships | San Salvador, ESA | July 13 - 15, 2007 |
| II NACAC Senior Championships | San Jose, CRC | August 7 - 9, 2015 |
| III NACAC Senior Championships | Toronto, CAN | August 10 - 12, 2018 |

Compiled by:

Carlos Clemente (ESA) - Statistics

Email: ranking.results@yahoo.com

Updated: August 2018





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Ms. Carol Rolle
President, B&B Galaxy

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